

# Foundations For Living

Laying Foundations Today For a Brighter Tomorrow

## FOUNDATIONS NEWS

OCTOBER 2014



As we move into fall, lawn mowing is replaced with leaf racking and preparations for winter. We bring in the plants, or harvest the produce from the garden. By October we make certain that the snow blower and shovels are within easy reach and the windows are properly caulked or covered with plastic. With those tasks completed, we begin planning for indoor projects. We may consider classes we might want to attend, or books we wish to read throughout the long winter months.

Over the holiday season our minds are filled with planning gifts to buy, events to attend, church programs to prepare for, family we wish to see. This all culminates in January with the undoing of all the Christmas decorations in an effort to bring the home back to normal. Spring (whenever it arrives) offers a breath of fresh air and color once more as we begin to plan again for summer. This cycle occurs every year. This is all just part of the changing seasons that we enjoy here in Wisconsin.



King Solomon wrote of another pattern of seasons in

**Ecclesiastes 3:1-8:**

*There is a time for everything, and a season for every activity under heaven:*

*A time to be born and a time to die. A time to plant and a time to uproot. A time to kill and a time to heal. A time to tear down and a time to build. A time to weep and a time to laugh. A time to mourn and a time to dance. A time to scatter stones and a time to gather them. A time to embrace and a time to refrain. A time to search and a time to give up. A time to keep and a time to throw away. A time to tear and a time to mend. A time to be silent and a time to speak. A time to love and a time to hate. A time for war and a time for peace.*

There are seasons of life that come naturally as the years goes by, and then there are seasons that are thrust upon us. It is how we receive, react and respond in those seasons that cultivates our character. A season of loss may linger for a few weeks or several years depending on how we embrace or refuse to embrace it's reality in our life. A season of poverty may be short lived or may become a recurring pattern or a life style depending on our mind set.

A season of deep hurt may change our ability to trust, heal and move forward.

God wants to meet us in each season of our lives. These are not times that surprise Him. He

has prepared us to meet each challenge. His desire is that we turn to Him and let Him lead us out of each situation, in His time. Very often we struggle because we try to overcome these difficulties on our own. Often we need to come to the end of ourselves before we will admit that we need help.

Foundations for Living can provide a circle of care for those who may be struggling through a difficult season of life. Sometimes the losses, the circumstances, the hurts, the shame or just the struggle to survive day after day become too great for us to handle on our own. With God's help, we at Foundations for Living, can take your hand and help you deal with this season of life and prepare you for the next.

Are you hurting, suffering from a loss that leaves a hole too huge to be filled? Have hard times altered your ability to embrace the life you long for? Many have walked through our doors and allowed Christ to meet them at their point of need. They have seen their weeping turned to laughter and their mourning turned to dancing, as they trust God to bring them into a new season of life.

